



SPECIALISE IN NETBALL WITH BMC!

Our Netball Academy focuses on participation for all, with the team playing in the AOC League. There is also potential for a further development team to play in a different league. Both options provide a comprehensive Netball pathway for students looking to progress in the sport.

The Netball Academy, in partnership with Warriors – Charnwood and Rutland Netball Club - is designed for students aged 16-18 who wish to develop their Netball skills alongside full-time education. All students who successfully register for the academy will study either Level 2 or 3 Sport, or Level 3 Sports Science, depending on their previous achievements.

At Brooksby Melton College, our learners are firmly placed at the heart of everything we do and our courses reflect this. Our Netball Academy is both flexible and supportive, to ensure that students succeed in their education and their sport.

All Academy players have access to a high level of Netball coaching, a personalised Strength and Conditioning programme, Performance Analysis, Sports Psychology support as well as Sports Injury and Rehabilitation.

Fully-catered accommodation is also available on-site.

Practical sessions in a typical week look like:

Monday	Rest Day
Tuesday	Performance Analysis followed by Court Training Session
Wednesday	Games Programme (or Training if there is no game)
Thursday	Performance Analysis
Friday	Strength and Conditioning following by a Court Training Session

In partnership with



For further information visit www.brooksbymelton.ac.uk or call 01664 855 444